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Claims:

1. An active ingredient combination of
 - (a) one or more 2,3-dibenzylbutyrolactone derivatives and
 - 5 (b) licochalcone A or an aqueous extract of *Radix Glycyrrhizae inflatae* containing licochalcone A.
2. The active ingredient combination as claimed in claim 1, characterized in that the 2,3-dibenzylbutyrolactone derivative or derivatives and licochalcone A are present in ratios
10 of from 100:1 to 1:50, preferably 80:1 to 1:10, particularly preferably 20:1.
3. The active ingredient combination as claimed in claim 1, characterized in that the 2,3-dibenzylbutyrolactone derivative chosen is arctiin.
- 15 4. A cosmetic or dermatological preparation comprising active ingredient combinations as claimed in claim 1 or 2.
5. The preparation as claimed in claim 3, comprising 0.01 – 25% by weight of one or more 2,3-dibenzylbutyrolactone derivatives, preferably 0.1 – 20% by weight, in
20 particular 1 - 10% by weight, in each case based on the total weight of the preparations.
6. The preparation as claimed in claim 2 or 3, comprising 0.0001 to 5% by weight, in particular 0.001 to 1% by weight, very particularly 0.005 to 0.15% by weight, of licochalcone A, based on the total weight of the preparation.
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7. The preparation as claimed in claim 2, 3 or 4, comprising 0.001 to 10% by weight, in particular 0.05 to 5% by weight, very particularly 0.01 to 2% by weight, of one or more polyols, based on the total weight of the preparation.

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8. The use of active ingredient combinations or preparations as claimed in one or more of the preceding claims for the prophylaxis and/or treatment of inflammatory skin conditions and/or for protecting the skin in cases of sensitively determined and dry skin.
- 5 9. The use of active ingredient combinations or preparations as claimed in one or more of the preceding claims for the treatment and prophylaxis of the symptoms of intrinsic and/or extrinsic skin aging, and for the treatment and prophylaxis of the harmful effects of ultraviolet radiation on the skin.
- 10 10. The use of active ingredient combinations or preparations as claimed in one or more of the preceding claims for the treatment and/or prophylaxis of pigment disorders.
11. The use of active ingredient combinations or preparations as claimed in one or more of the preceding claims for increasing ceramide biosynthesis.
- 15 12. The use of active ingredient combinations or preparations as claimed in one or more of the preceding claims for enhancing the barrier function of the skin.
13. The use of active ingredient combinations or preparations as claimed in one or more of the preceding claims for the treatment and/or prophylaxis of functional disorders of the skin appendages.
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